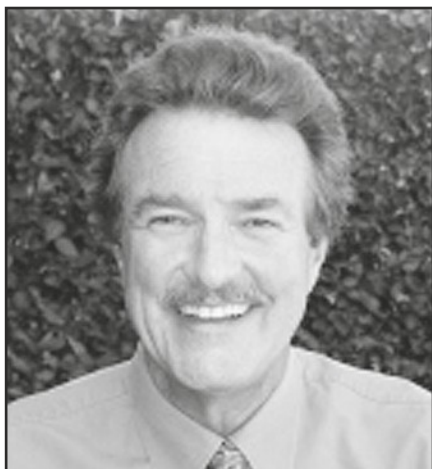


Workshop Speaker



Dr. John Fry

John is a psychologist who's been in private practice for over 30 years. He works with men, women, singles' issues, marriages, teenagers, and children. He has given over 400 stress management seminars to, among others, IBM, NBC, Farmers Insurance, The US Navy, The L.A. Times, and the faculties of Fuller Theological Seminary. He serves as an elder here at St. Andrew's Presbyterian Church. His website is www.drjohnfry.com.

The Divorce Recovery Workshop has had over 15,000 people benefit from it since it was created by Dr. Bill Flanagan who came to St. Andrew's in 1981.

John attended this workshop for himself while going through a divorce in 1987. Afterwards, he volunteered as a small group facilitator for the next 14 workshops. In September of 2009, John assumed the role of speaker of this wonderful program.

In these helpful talks John integrates information from psychology research as to what works, his own experience of divorce, and working with scores of men and women in his practice who want to heal and grow through their own divorces.



St. Andrew's Presbyterian Church
Divorce Recovery Workshop
600 Saint Andrews Road
Newport Beach, CA 92663-5325

Divorce Recovery Workshop

**A Seminar for
Divorced and
Separated Persons
of All Ages**

Workshop Speaker: Dr. John Fry

Six Thursday Evenings

February 23, 2012 - March 29, 2012
September 20, 2012 - October 25, 2012

St. Andrew's Presbyterian Church

600 Saint Andrews Road
Newport Beach, CA 92663-5325

949.574.2222



ST. ANDREW'S
PRESBYTERIAN CHURCH

Email: drw@sapres.org

Website: www.sapres.org/support/divorce-recovery
or: www.divorcerecoveryworkshop.org

Growing Through Divorce

Last year approximately 25,000 people in Orange County experienced the dissolution of marriage. The failure rate for first marriages is about 50%, while 65% of second marriages end in divorce. In our workshop, we will be using the book "Growing Through Divorce" by Jim Smoke. Jim has said, "You can go through divorce or you can grow through divorce".

No matter where you are in your divorce experience, you'll find the session topics, small groups, support and understanding of others "growing through divorce" to be of tremendous help in your journey through one of life's most difficult adjustments

This workshop, offered semi-annually, has attracted over 15,000 people since its inception in 1981. It is the largest seminar of its kind in Southern California and is designed for people in the finality of divorce rather than the possibility of reconciliation.

Weekly Topics

Week #1

Is This Really Happening to Me?

The Three Stages of the Divorce Experience

Week #2

Assuming New Responsibilities

Planning for Yourself and Your Future

Week #3

Coping With Your Ex-Spouse

A Relational Reality That Continues to Exist

Week #4

For Parents of Dependent Children: Helping Your Child Through Divorce

For Non-Parents:

Coping Skills for the Stress of Divorce

Week #5

Finding and Experiencing Forgiveness

Overcoming Hate and Hurt

Week #6

Thinking About New Relationships

Relating, Dating and Mating

Small Group Discussion

Share Your Situation in a Safe Environment

Be With People With Similar Situations and Problems

Support and Help

Hear New Perspectives of The Opposite Sex

You Can Build New Relationships

Workshops for Children and Teens

We offer sessions for children (grades 1-6) and teens in junior high and high school with no additional fee. Each age group has its own small group time which provides support and encouragement. Details will be given early in the adult workshop.

Children's Workshop (grades 1-6)

Dates: March 8, 15, 22, 29 (Spring 2012)

October 4, 11, 18, 25 (Fall 2012)

Time: 7:30-9:30 p.m.

Parent must be registered for the Workshop

Teen Workshop (jr. high, high school)

Dates: March 15, 22, 29 (Spring 2012)

October 11, 18, 25 (Fall 2012)

Time: 7:30-9:30 p.m.

Parent need not be registered for the Workshop.

Free Childcare for infants through sixth graders is available each evening for registered participants.

Workshop Details

Cost: \$35.00 pre-registration

\$45.00 at the door

Fee includes Jim Smoke's book,

Growing Through Divorce.

Dates: February 23, 2012 - March 29, 2012 (Spring)

September 20, 2012 - October 25, 2012 (Fall)

Time: Thursday Evenings: 7:30-9:30 p.m.

Location: St. Andrew's Presbyterian Church

600 Saint Andrews Rd.

Newport Beach, CA 92663

Phone: (949) 574-2222

Directions:

From PCH: Turn North on Dover Drive, left on Cliff Drive, right on St. Andrews Road, right on 15th Street.
From 5 or 405 Freeways: take the 55 freeway south until it ends and becomes Newport Blvd. Turn left at 17th, right at Irvine, left at 15th.

Registration: To pre-register, mail the enclosed registration form with your check made payable to St. Andrew's. You may also register online at

www.sapres.org/support/divorce-recovery

Divorce Recovery Workshop Registration

Please fill out this form completely and mail with check or money order made payable to:

St. Andrew's Presbyterian Church, 600 Saint Andrews Road, Newport Beach, California 92663, Attn: DRW • (949) 574-2222
or register online: www.sapres.org/support/divorce-recovery

WORKSHOP FEES: \$35.00 - pre-registration; \$45.00 - at the door

NOTE: If you have previously attended this Workshop, \$20.00 - pre-registration (No book included); \$25.00 - at the door (No book included)

Name _____	Male _____	Female _____	Cell Phone _____
Address _____	Home/Other Phone _____	Email _____	
City, State and Zip _____	Will you need childcare? _____	Yes _____	No _____
	Are you: Separated _____	Divorced _____	How Long? _____
The following information is needed for small group assignments, and is the only criteria used:			
Are you a parent? _____	Yes _____	No _____	Ages of children _____
Your age: _____	Below 35 _____	36-45 _____	Above 55 _____
FOR OFFICE USE ONLY: Received by _____		Date _____	Amount \$ _____
		Cash _____	Check# _____
			Small Group _____